

BREEZE YOUTH PROMISE

- **Someone to talk to?**
- **Somewhere to go?**
- **Something to do?**
- **Something to say?**

Help us find out exactly what you want and tell us what you think.

We want to make sure that all young people aged 13 plus know what they should get to help them be happy, healthy, safe and successful. The Breeze Youth Promise is our way of letting you know what you should expect and making sure you have ways to let us know if it works for you

SOMEONE TO TALK TO :

You've told us that it's good to talk and you want the "right" people to talk to. The "right" people will respect you, not judge you, listen to what you have to say, and give you information, advice and guidance that is based on your needs and not on their personal opinions.

The Leeds Breeze Promise will provide help and support, so you can get the services you need and make positive choices in your life. All these services will be free and easy to find.

- 1) Allocation of a Connexions Personal Advisor and access to an appropriate adult who will help you regarding:
 - a. Access to high quality, comprehensive and impartial information, advice and guidance about learning opportunities, qualification levels, progression routes and career pathways.
 - b. Access to personalised support to plan and review your learning and fulfil your career aspirations.
 - c. Support through transition within education and from education to training and/or work and to further education or training.
- 2) Confidential advice with quality care over health matters or health concerns and information and guidance on how to improve your health – including quitting smoking, alcohol and drug misuse, sexual health, healthy eating, physical activity and good mental health. This will be available at school and in community settings and you can access them from home.
- 3) Swift and easy access to specialist help when you need it and when appropriate.
- 4) Staff who will be always ready/prepared to listen and to work to maintain your safety.

SOMEWHERE TO GO

The Leeds Breeze Youth Promise means that you should have places to go both inside and out that are welcoming, free or affordable

- 1) Access to youth work that is local to where you live. This could be a youth club/project down the road, a youth work bus that travels round your area, or a place in your neighbourhood, like a youth shelter, where you can meet up with youth workers. It should be secure and safe and where you would want to go.
- 2) Access to local, age appropriate leisure and recreational facilities, you choose and enjoy. This will include access to:
 - a. Swimming pools, gyms, dance and fitness classes and coaching at your local leisure centre.
 - b. A wide range of local voluntary sports clubs and other sports bodies.
 - c. Open green spaces, including parks, skate parks, multi use games areas (basketball and tennis courts etc), organised walks and exercise trails.
- 3) Access to a wide range of safe and friendly venues that will help you explore, learn, relax and celebrate art, culture and heritage in Leeds. Such as :
 - a. 'Your Space' in the Central Library, offering a youth area with PCs, magazines, books and CDs.
 - b. Base Units at selected libraries with the opportunity to learn multi-media skills.
 - c. Develop your musical abilities in Music Centres.
 - d. Museums and art galleries offering interactive learning and workshops.
 - e. Mobile provision offering film, video and music workshops via The Breeze Techno Trucks.
- 4) Entitlement to a free Breezecard and joint library card offering free access to Breeze events such as Breeze on Tour and Breeze International Youth Festival, access to members only facilities on the Breeze website, discounted prices at sport centres, museums and other leisure attractions around the city.

- 5) Access to a wide choice of extra learning opportunities with clear progression routes to further learning in schools, colleges, work based learning providers and Higher Education institutions.
- 6) Access to more activities and support via school and community sites where you can be safe and take part in positive activities when you are not at school.
- 7) A clear point of contact, support and onward help if you ever feel in trouble or danger.

SOMETHING TO DO:

The Leeds Breeze Youth Promise entitles you to a range of activities that will be free or at a price you can afford.

- 1) An exciting variety of recreational, sporting and cultural opportunities for personal development, delivered through regular programmes and special events, including:

Regular:

- a. Creative, participative and dynamic youth work programmes delivered locally through the Leeds Youth Work Partnership.
- b. School holiday programmes in sports and arts at leisure centres.
- c. Subsidised sport activities and coaching across a range of sports in leisure and recreational centres, and through links with voluntary sport clubs and other sports bodies, ie tennis and athletics training camps, Striker 9 and lessons in swimming, sailing, horse riding, water sports and water safety.
- d. Arts organisations offering quality regular programmes in a variety of art forms including dance, music, performing arts.
- e. A regular learning opportunities about local cultural and heritage through museums, including e-learning.
- f. Outdoor pursuits in high ropes, archery, climbing, abseiling and canoeing.
- g. Environment projects delivered through Meanwood Valley Urban Farm, Groundwork and The Project.

Special Events:

- a. Access to free Breeze events such as Breeze on Tour and Breeze International Youth Festival to experience new activities in arts, culture, and sports and to sign post to regular programmes.
- b. Breezereads – to help improve literacy skills through teenage author events, virtual book club and creative writing events
- c. Performance and live music events such as Party in the Park, Bright Young Things, and the Bang Bang Project.
- d. Gallery 37 and Get Creative offering arts based workshops
- e. Arts organisations offering quality special events.
- f. Sporting events include Leeds Half Marathon and the Family Fun Run.
- g. Workshops and events at local libraries.

h. Annual Young People's Film Festival including workshops and screenings.

- 2) Opportunities to take part in volunteering programmes, i.e. through Vinvolved, Roar, Youth Council.
- 3) Access to a variety of award schemes that recognise achievement.
- 4) Have access to the Youth Opportunities Fund to provide grants that enable young people to take part in activities they would like to do or take them to places they would like to visit.
- 5) The opportunities in Leeds for young people to grow their talents and interests in the arts will be enriched through 'Find Your Talent', the cultural offer for Leeds. Young people will also have the opportunity to shape what the offer is.

6) SOMETHING TO SAY?

The Breeze Youth Promise will only work if you let us know how we are doing and what more we can improve your services. It entitles you to:

- 1) A real say in shaping how Leeds works; how your services are commissioned, developed and delivered and in evaluating whether they work for you
- 2) Access and opportunity to participate in a range of activities and opportunities such as the Leeds Youth Council, focus groups, consultation events, film making and magazines that let you speak out and find out about things that are important to you.
- 3) Access to information to help you influence your services and communities.